

The Astrosonic Generic Tapes

by Michael C. Heleus

In response to the large amount of interest generated in the Astrosonics work of Michael Heleus, from the interview with him published in the Jan-Feb 1989 Journal of Borderland Research, we are running these descriptions of the actual Astrosonic sounds.

As the name implies, these tapes of cosmic sounds can be heard to advantage by anyone, whether they have worked with personalized astrosonics taken from their own astrological chart or not. If one has so worked, then the results with the generics are deeper and more lasting, since there is less personal difficulty in the way of their assimilation. Nevertheless, a good deal of benefit can be had from these generic sounds by anyone prepared to make the effort to stay present through any discomfort the sound brings on. Generally, the discomfort will intensify at first, then fade and vanish, usually not return, whether triggered by the sound or an in-life stimulus. As far as known, the sounds are neutral, and only remind us of ourselves.

The purpose of hearing these sounds is to get back in touch with natural inner vibrations which have become obscured by life conditionings, errors, and traumas.

The sounds should be heard by themselves without distraction first, and preferably, though they can be used for background once one has come to be comfortable with them. If listening alone, or from a walkman, hearing these in the right ear is preferable. It is also a good idea to keep the eyes closed while listening in order to catch visual displays that often arise.

The USA 7/4/1776

Declaration of Independence

Sun-Venus-Jupiter Conjunction Chord

This chord was taken from the chart for the signing of the Declaration of Independence, and was first realized in 1976 just in time for the U.S. Bicentennial. J. G. Bennett of England had suggested a group chord for some positive event marking an advancement for humanity. Since Francis Bacon had intended to found the U.S. as a new Atlantis, a philosophical kingdom, and had the cooperation of the Masons for his project, a time was chosen by him to launch the U.S. -- an alignment of Sun, Venus, Earth, Jupiter, and the star Sirius. In astrology, these bodies are considered "benefice", and in terms of what the chord can do, this is well taken. The combination represents what is best philosophically, abundantly, and peacefully about the U.S. -- and it also goes for all other times that have this very beneficial combination of vibrations. Sun-Venus relaxes, Sun-Jupiter levitates and expands, and Venus-Jupiter is joyous and sublime.

The chord can produce relief from head and backaches, out-of-body experiences, environmental calming and cleansing. With inner sight, depending on the degree of relaxation, the colors that come are usually violet spirals, or a combination of gold spheres, turquoise vortices, and emerald green paisleys, for the Sun, Venus, and Jupiter, respectively. Some people have also seen the akashic record scene of the actual signing of the Declaration.

The Chakra Balance Chord

While all the generics can be said to be balancing in some way, this one specializes in vertical balancing, referred to the human body. The chord comes about since the seven main energy foci or chakras each are activated by the motion of one of the seven visible principal orbs of the solar system. The chord consists of four notes, the lowest activating the first two chakras, having to do with Saturn and Jupiter, respectively; the next note up represents the motion of Venus going to the heart chakra: the third relates to the brow and brings in the Moon and Mars, activating the throat and solar plexus areas. This chord aligns, since these notes are near octaves of each other by design of the solar system, and we are aligned top to bottom by hearing octaves of a note. On hearing this, people tend to sit or stand straighter -- anger tends to get processed out or fade, and some persons have passed in awareness into Clear Light at the brow center with this, as the barriers were transcended. Others have found it an invaluable aid to chiropractic treatment.

The Solar Phi Chord

This chord has three notes, the middle one activating the Crown chakra and having a wavelength in air at room temperature that stimulates flow of the life energy. The other two notes are centered on the first, and buttress it with a relationship based on the Golden Section, the number of magical balance on which volumes have been written, and will be written. The effect of hearing it is to have the left and right energy pathways in the body balanced to a degree, which most people notice right away as a clearing in the nose and sinuses. So it is helpful at the onset of a cold. Also, it has been noted as effective in removing headaches due to right/left imbal-

ance. Others get inner color vision stimulated. In a few cases, people have found awareness shifts thru the solar plexus down to the center of the earth, and later, the sun, quite a cosmically aligning process. If one feels beside oneself, or dizzy and off balance on hearing it, this is evidence of how far out the hearer has been. This will pass, and a new sense of focus, balance and left/right coordination ensues.

The 15-Note Solar Scale

This starts out with a note that tends to activate the solar plexus, and while this continues, 15 equal tempered notes ascend a scale which activates the areas up to the top of the head in order, ending with the Crown center. This scale is designed to balance the circular and straight in our natures. The tone quality is based on the waveform of all prime numbers, so it tends to balance all harmonics and vibrations at once. Seen with inner sight, this tends to produce a rainbow shot through with gold, and tending to produce an overall aura that is white, violet, and tinged with pink. As exposure time is lengthened, energizing takes place so that there is a definite reduction in fatigue and need for sleep. When a critical threshold is passed, once can sleep with this chord, and the sleep is deeper and better than without it. The effect is like coffee without caffeine after effects. Medium to long hearing produce relief of neck and shoulder muscle tension, and the sound finally settles in the heart chakra area.

The Keplerian Portamenti of the Planets

This sequence was adapted from the work of Yale professors Willie Ruff and John Rodgers, who explicitly followed Kepler's instructions for a planetary music of the spheres, letting Saturn be the lowest note of the gamut of those days, G. This arbitrary choice cost him most of the positive astrosonic effects the sequence would otherwise have had. Seeing this, it was retuned by Michael Heleus and colleagues in 1980 so that the astrosonic octave shift was respected, and it could be felt to slide into the right resonant groove. Furthermore, while the sequence pulls one through the akashic record of 1571 to 1811, and many persons have died in the wars of those eras, it is found that great anger passes out on hearing this. In fact, those with sufficient anger to grind their jaws subliminally also have found relief with this sound. Along with the Chakra Balance Chord, it is a good anger processor.

The Rydberg-Phi Progression

This progression was developed as the result of study of spectroscopy, nuclear physics, music theory of microtonal scales, and the Golden Section. It is based on a cosmic average frequency, and so transcends the purely local solar system immediately. The sequence is a musi-

cal palindrome based on the Golden Section, which can gradually bring one an increased awareness of refined symmetries and balances. Here is one of the finest past trauma and pain processors yet to arise from astrosonics studies. Attention is optimally randomized, allowing one the inner maneuvering space to at last temporarily detach from the fixations of the here and now. Those in physical pain are usually helped greatly, even in cases of otherwise intractable back and muscle pain. Psychological pain also succumbs to this. Along with the Chakra Balance Chord, and the USA Chord, it makes a fine preparation for chiropractic treatment, or other body work. It can also act as a cosmic truce flag, and opposites within and without one can be related more amicably. In that state, bad habits are more easily overcome.

The Astrosonic Solar Platonic Solids

With these chords, the basic kinds of order in the universe can now be directly heard and experienced. The basic inner bodies, called Koshas in Vedic terminology, can now be readily attuned to and strengthened. The shapes can be readily perceived in inner space by many, since the sound creates a nested lattice of them in outer space. Often, a sphere of light appears, and then one element of a surface can be made out, and gradually the whole emerges, usually nested with others of its kind; the whole may rotate at first, but this will slow and stop—given sufficient attention. Sometimes the energy flows associated with the solid appears, or even its geometric, dual, and sometimes, personal symbolism. Since the equal edges of all these solids are tuned to a sacred cubit, or life-energy wavelength, the color of the shapes tends to be white, or a gold to brassy shade. The effect of protracted hearing is a sharpening of mental faculties, and some types of ESP, particularly intuition, precognition, and telepathy. The dream state is improved, cleared up, and dreams may be more readily remembered. More intense colors and integrated themes are often noted, especially when the sequence of phi-progression, solar phi chord, and solids—in that order—has been played repeatedly. In the waking state there is a sense of coordination coming from within out, not a superficially imposed unstable order. These can be played with a walkman or auto-reverse deck at a comfortable volume while sleeping to aid the dream state, or used with a floatation tank to advantage. Memory retention and mental facility are increased so these Chords can be played as an aid while studying. Artistic and musical creativity is also enhanced.

The Tetrahedron - This three-sided pyramid chord brings attention to the center of the head, the "third ear", for many. It can also create a sensation of warmth, lending credence to the notion of the ancient Greeks that this solid represented the Fire element.

The Hexahedron or Cube - We are so saturated with visions of this in the environment that it may take longer for its unique character to emerge. Some people see a red figure-eight with this - an associated energy flow, like a u-joint. For most, the root chakra, and sometimes heart area are the usual localizations.

The Octahedron - Like two square pyramids put together at the base, this chord can work with the mental body, affecting usually the heart or brow area the most. Again, a reddish figure-eight flow is commonly seen with it. This chord may help with conscious out-of-body travels.

The Dodecahedron - This is produced from twelve pentagons put together to enclose a roughly spherical space. Hearing the chord tends to balance the acupuncture meridians, and the feminine archetype, like Prakriti, or Shakti. It tends to localize in the head or throat area, either left/right with respect to its dual, the icosahedron chord, or up/down. This one helps receptivity and concentration in meditation.

The Icosahedron - this shape results when twenty equilateral triangles are put together to enclose a space, like a Bucky Fuller dome. Hearing it brings a balance of the overall aura. It has been said to have a vibration similar to a perfect spiritual master. It projects a yang, or masculine feeling, balancing male gender impulses. It can help in conscious out-of-body work. With this chord, and the preceding one, attention can be drawn out through the brow center into the Clear Light. Some have felt a spiralling pathway open up that led them to initiation with inner teachers. This is more focused than the similar effect from the Chakra Balance Chord.

Effects Noted From the Astrosonic Moon Towards the Tao Progression

This tape is the Moon and Moon to Outer Planets Towards the Tao Progression. This is no picnic, at first anyway, but the results have sure been worth it - greatly increased freedom from emotional dependency trips, especially those complicated by chemical addictions. I noted some stuffiness as some grief passed, then hot flashes as in early intoxication, followed by pains in the ears, left especially, as remaining miasmatic links to lower astral stuff blew. Then, hours later into it, liver spasms and pains as the trauma of a drunk lifetime passed. Then there were itches in the palms and soles of the feet - a sensation I have come to find means the mind is passing

out drug miasms. The tape gradually teaches the mind how to find a middle ground on emotional issues, strengthening it to the point that when I have been around persons with alcohol/drug miasm in their auras, I tend to process it out of mine, and this is accelerated by hearing that tape afterwards. It has been amazing to see how those who grew up around alcoholic parents have been regaining their emotional poise, independence (or rather, more balanced interdependence), ability to really say what they feel, and cease to be doormats for others, while not becoming overbearing either. Further, others to whom they were karmically tied either started to come forward, on the inner at least, and began to clean up their act, or bounced off if they couldn't or wouldn't. I surmise this side of the tape won't be very comfortable at first, but if you are willing to spend time with it daily over a matter of weeks, the inner and outer situation will be much different. You may even like it. I implore you to dig into this one!!

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For more information on personal Astrosonics work and ordering info for the Astrosonic Generic Tapes contact:

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Harmonic Philosopher

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A video of Michael Heleus describing his work with charts and diagrams, and demonstrating his Astrosonic sounds is available from BSRF. Astrosonics uses sound and light to represent the structure of the cosmos in personal settings. Astrosonics is the term used to describe the rendering of an astrological chart as sound and its effects. The meaning of the aspects or planetary angles in a natal chart can be directly experienced as sound. Astrosonics provides the sounds of the planets at your moment of birth. This video is a presentation on the structure of the universe and the relationship of its energies to the sentient lifeforms within it. Order: **ASTROSONICS** by M.C. Heleus, 62 minutes, color, VHS format. \$39.95

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